

Good things come from **Sysco**TM



Our company is continuously searching for ways to implement health and wellness into our associates' lifestyles. In addition to our lovely (and free) Wellness Center, we have provided several activities such as Weight Watchers, our annual Health and Benefits Fair, chair massages and other events that promote healthy living. The company has also embarked on an assertive Going Green initiative to encourage our associates and customers to make choices that help save our natural resources. We are now embarking on a new change-a tobacco-free

work campus. Effective July 1, 2009, Sysco Hampton Roads will become a tobacco-free campus. All tobacco and smokeless tobacco products will be banned from the entire campus, including our parking lots. This policy will be in effect for our associates, customers, contractors and visitors. Not only will this change promote healthier living for our associates, it will have a positive effect on our environment. We care about the health and well-being of our associates and their quality of life. A tobacco-free work campus at Sysco Hampton Roads will further our efforts to ensure that each associate is entitled to a healthy, productive quality of life. Stay tuned for more details as we endeavor to provide a cleaner, more productive work environment at Sysco Hampton Roads.

John Hall